Throughout his career, both as an attorney and as a historian, John's passion for preservation was evident by his service in a number of capacities throughout central Arkansas, including sitting on the board of Little Rock Visitor Information Center Foundation and leading the efforts to preserve and restore Curran Hall. He also was president of the board of Preserve Arkansas in 2010.

John has demonstrated his passion for preservation through his commitment to service and leadership. I congratulate my friend John Gill on receiving this year's Parker Westbrook Award for Lifetime Achievement.

# RECOGNIZING NATIONAL HUMAN TRAFFICKING AWARENESS MONTH

(Mr. LaMALFA asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. LAMALFA. Madam Speaker, I rise today to recognize National Human Trafficking Awareness Month.

In my home State of California, human trafficking is a massive and dangerous industry, with 375 reported cases of trafficking involving minors in 2018. This must end.

That is why I am a cosponsor of H.R. 836, the Interdiction for the Protection of Child Victims of Exploitation and Human Trafficking Act, introduced by my colleague, Mr. McCAUL from Texas.

This bill would establish a pilot program to provide training to Federal, State, and local law enforcement officers on identifying child victims of trafficking, exploited children, and missing children.

Indeed, the cues are out there, if we can see them. If our law enforcement is able to identify victims of human trafficking more quickly, it would lead to a safer environment, and identifying them a lot sooner would save more of the individuals.

Our most vulnerable populations need our help in order to keep them safe from this truly heinous and disgusting crime.

#### RECOGNIZING PABLO CUEVAS

(Mr. CLINE asked and was given permission to address the House for 1 minute and to revise and extend his remarks)

Mr. CLINE. Madam Speaker, if you were to attend any public event in Rockingham County, it is likely that you would have the privilege of meeting Pablo Cuevas.

Today, I rise to recognize Pablo because, after seven terms and a 30-year tenure on the Rockingham County Board of Supervisors, he has recently retired.

Cuevas encapsulates the meaning of public service. An immigrant from Cuba, Mr. Cuevas has not taken lightly the privilege it is to live in America. Over the years, Pablo has given back to his community by not only serving on the board of supervisors but also on the Broadway Town Council, the Broadway Planning Commission, the Rockingham County Planning Commission, and the James Madison University Board of Visitors.

Some of his greatest accomplishments include constructing new school buildings and expanding industries important to the area, such as agriculture. His dedicated service on the board of directors at the Virginia Poultry Growers Cooperative was invaluable to our region.

His passion for making his community a better place for all who live and visit the valley is going to be sorely missed on the board of supervisors. However, I am sure his wife, Elaine, and his daughter, Erika, will welcome the opportunity to have such a good man back home.

Madam Speaker, I wish Pablo a happy retirement and thank him for sharing his wealth of knowledge and passion for community service with Rockingham County for the past 30 years.

## RECOGNIZING EAGLE SCOUT ANDREW ROCK

(Mr. VAN DREW asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. VAN DREW. Madam Speaker, today, I recognize Andrew Rock from south New Jersey on his attainment of the Eagle Scout rank.

Eagle Scout is the highest rank attainable from the Boy Scouts of America. Only 4 percent of Boy Scouts ever achieve this prestigious recognition.

Eagle Scouts are more likely to dedicate their life to service of all kinds, becoming future leaders in military, business, or politics.

I was proud to attend Andrew's beautiful outdoor ceremony on the lake this past November. The ceremony also highlighted the beautiful traditions of the American Indian people.

Madam Speaker, I congratulate Andrew. We look forward to big things from him in the future. I am proud of him; south Jersey is proud of him; and the United States of America is proud of him.

### TALKING DEBT AND DEFICITS

The SPEAKER pro tempore (Ms. PORTER). Under the Speaker's announced policy of January 3, 2019, the gentleman from Arizona (Mr. SCHWEIKERT) is recognized for 60 minutes as the designee of the minority leader

Mr. SCHWEIKERT. Madam Speaker, to our stenographer, if I start talking too fast, just give me that horrible look because my staff was telling me last week that I was sounding like a machine gun.

Madam Speaker, this is something I try to do at least half an hour every week. It is basically to have a little bit

of honesty about math and a little optimism about what policy can do to make things work.

Once again, I have a couple of my old slides here. I am sorry that I haven't been able to update them because there are some new numbers, but it is a really simple concept. Let's walk through it.

How many times do you hear Members from both the right and the left get on television and talk about things? Why does no one talk about the debt and deficits? I can tell you why we don't talk about the debt and deficits, because to tell the truth of what is driving the debt and deficits is really uncomfortable.

We are going to try to do a little bit of that math honesty because it is demographics. It turns out, demographics are not Republican or Democratic. It is just math.

We continue to exist in this pretend world, saying: Well, if we would tax rich people more, if we get rid of waste and fraud—none of those.

I have brought these charts here before. There are fractions of fractions of variance.

Why is it so hard for us to tell the truth? Why is it so hard for us to own calculators? We basically are a mathfree zone.

This slide is a few months old, and I am sorry about that because there is optimism on the tax cuts in the revenues. As you all know, last fiscal year, we broke over 4 percent revenue growth in a time with lower rates, which none of us modeled. The economy is doing really well there.

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Demands on social services have fallen fairly dramatically because of the incredibly robust labor environment. Discretionary spending, turns out the caps that that line is about, the benefits we were getting from the caps, when we did the budgetary deal functionally in September and October, we blew up the caps. So this line is bigger; this line is smaller.

But the punch line here is really, really simple: 90 percent of rising debt deficits between 2019, so last fiscal year, and 2029—90 percent Social Security and Medicare.

Now, those are earned entitlements. We have a societal obligation to keep our promises. But it is mostly Medicare. So we can't have an honest conversation here about debt unless you are willing to actually have an honest conversation about medical costs, healthcare costs.

We are going to pull some slides here that I am just incredibly optimistic that we could actually have a revolution in healthcare costs, but the only way that happens is this place has to grow up intellectually and join this century of technology and opportunities because, once again, let's go back a decade.

The ACA, ObamaCare, what was it really? It was a financing mechanism.